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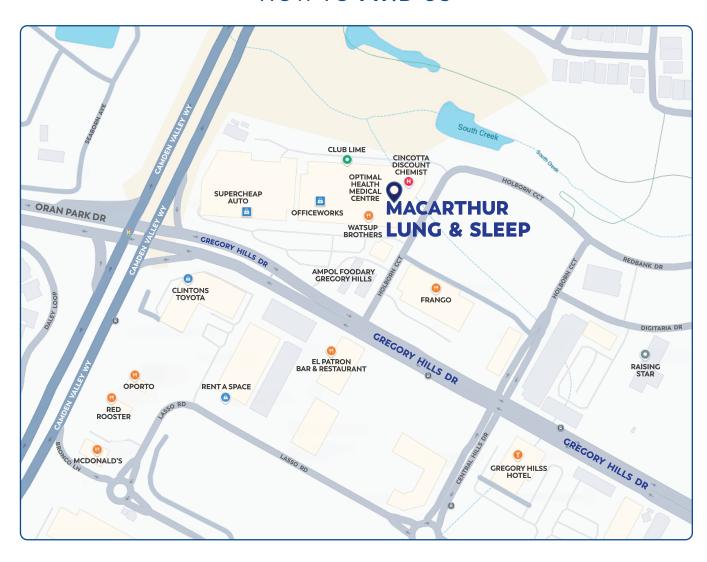
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## **PATIENT DETAILS**

NAME	DOB
ADDRESS	
E-MAIL	PHONE
REFERRAL SEF	RVICES REQUESTED
<ul> <li>Respiratory or Sleep Consultation</li> <li>Complex lung function (Spirometry / Static Lung volumes / DLCO)</li> <li>Bronchial Provocation (Mannitol Challenge test), Skin Prick Test</li> </ul>	<ul> <li>MIPs and MEPs (Tests of Respiratory Muscle Function)</li> <li>Ambulatory diagnostic sleep study         <ul> <li>( Complete STOP-Bang &amp; ESS if only for Sleep Study )</li> <li>Flexible Video Nasal Endoscopy</li> </ul> </li> </ul>
The criteria for Eligibility include a STOP-Bang	g score of > = <b>3</b> & an Epworth Sleepiness scale of > = <b>8</b>
<ul> <li>A. Does your patient have any of the following?</li> <li>Snoring loudly (e.g. enough to be heard through closed doors / affecting bed-partners sleep)</li> <li>Tired, fatigued or sleepy during wakeful hours</li> <li>Obeserved opnoeas or choking</li> <li>Being on treatment for hypertension</li> </ul>	<ul> <li>(STOP-Bang Questionnaire) Please tick where applicable.</li> <li>BMI &gt; 35 kg/m²</li> <li>Age &gt; 50 Y</li> <li>Neck size (43cm for male &amp; 41cm for female)</li> <li>Male Gender</li> </ul>
<ul> <li>B. How likely is your patient to doze or fall asleep in</li> <li>(Epworth sleepiness score) Please score each.</li> <li>0 = would never doze / 1 = slight chance of dozing / 2 = m</li> </ul>	the following situtations, in contrast to feeling just tired?  oderate chance of dozing / 3 = high chance of dozing
<ul> <li>Sitting &amp; Reading</li> <li>Watching TV</li> <li>Sitting inactive in a public place (e. g. a theatre or a meeting)</li> <li>As a passenger in a car for an hour without a break</li> </ul>	<ul> <li>Lying down to rest in the afternoon when circumstances permit</li> <li>Sitting &amp; Talking to someone</li> <li>Sitting quietly after lunch without alcohol</li> <li>In a car, while stopped for a few minutes in the traffic</li> </ul>
CLINIC	AL DETAILS
	DOCTOR DETAILS
Please stamp / insert details (Including provider number	er)
	SIGNATURE
	DATE
	☐ Please tick here to request more referrals

## HOW TO FIND US





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